

# MENTAL HEALTH SERVICES



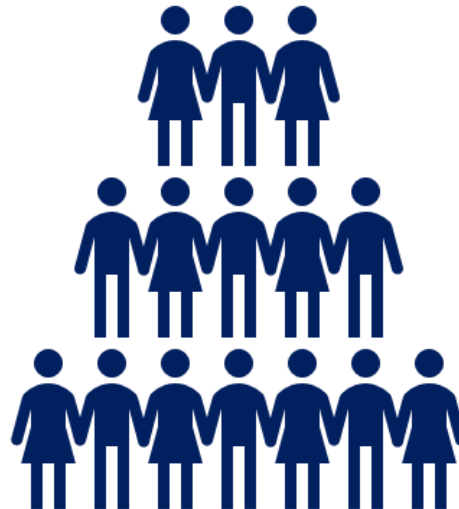
Andrea Kovarik, MS, LPC

Mental Health Service Director

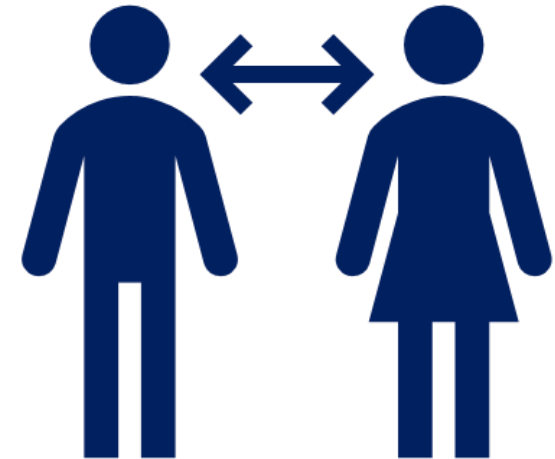
[Akovarik@ncmhid.org](mailto:Akovarik@ncmhid.org)

361-886-1087

Total Served FY23  
9,267

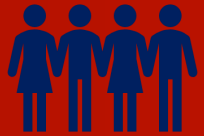


Total Service Count FY23  
150,679

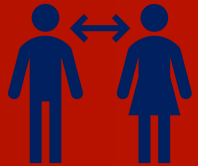


# ACCESS PROGRAMS

**NUMBER  
SERVED 5,813**



**SERVICE COUNT  
34,829**



## OUTREACH

- PROJECTS FOR ASSISTANCE IN TRANSITION FROM HOMELESSNESS (PATH)
  - CASE MANAGEMENT
  - CARE COORDINATION
- SUD-COMMUNITY HEALTH WORKER (CHW)
  - CARE COORDINATION
  - NARCAN/EDUCATION

## INTAKE & CRISIS

- CRISIS HOTLINE
- MCOT/EXPANSION
- CRISIS INTERVENTION TEAM
- WALK-IN CLINIC
- PATHWAYS RESPITE (16 BEDS)
- COUNSELING

## JAIL

- OUTPATIENT COMPETENCY RESTORATION
- JAIL BASED COMPETENCY RESTORATION

# YOUTH

## CORE SERVICES

- CASE MANAGEMENT
- SKILLS TRAINING
- THERAPY
- MEDICATION MANAGEMENT
- PSYCHIATRY
- FAMILY PARTNER
- NURSING

## SPECIALITY PROGRAMS

- YES WAIVER
- WRAP AROUND
- RESIDENTIAL TREATMENT CENTER PROJECT (RTC)

## PREVENTION/EDUCATION

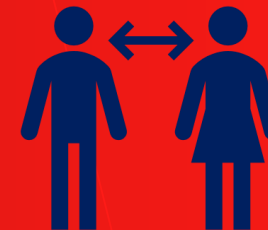
- MENTAL HEALTH FIRST AID
- NON-PHYSICIAN MENTAL HEALTH PROFESSIONAL

## NUMBER SERVED FY23



1,061

## NUMBER OF SERVICES FY 23



22,614

# ADULT SERVICES

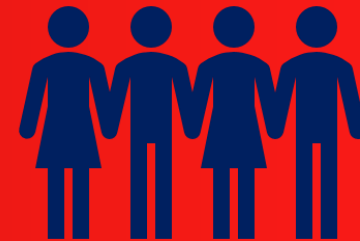
## CORE SERVICES

- SKILLS TRAINING/REHAB
- THERAPY
- MEDICATION MANAGEMENT
- PSYCHIATRY
- PEER PROVIDER
- NURSING
- CARE COORDINATION
- CASE MANAGEMENT

## SPECIALTY PROGRAMS

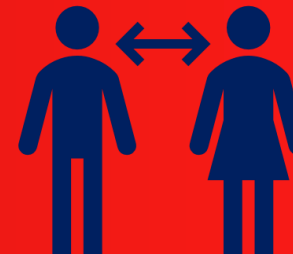
- CONTINUITY OF CARE
- TCOOMMI
- JAIL DIVERSION
- FORENSIC ASSERTIVE COMMUNITY TEAM (FACT)
- COORDINATED SPECIALTY CARE
- LA MARIPOSA
- SUPPORTED HOUSING
- VOCATIONAL- JOB SKILLS TRAINING

## NUMBER SERVED FY 23



4,849

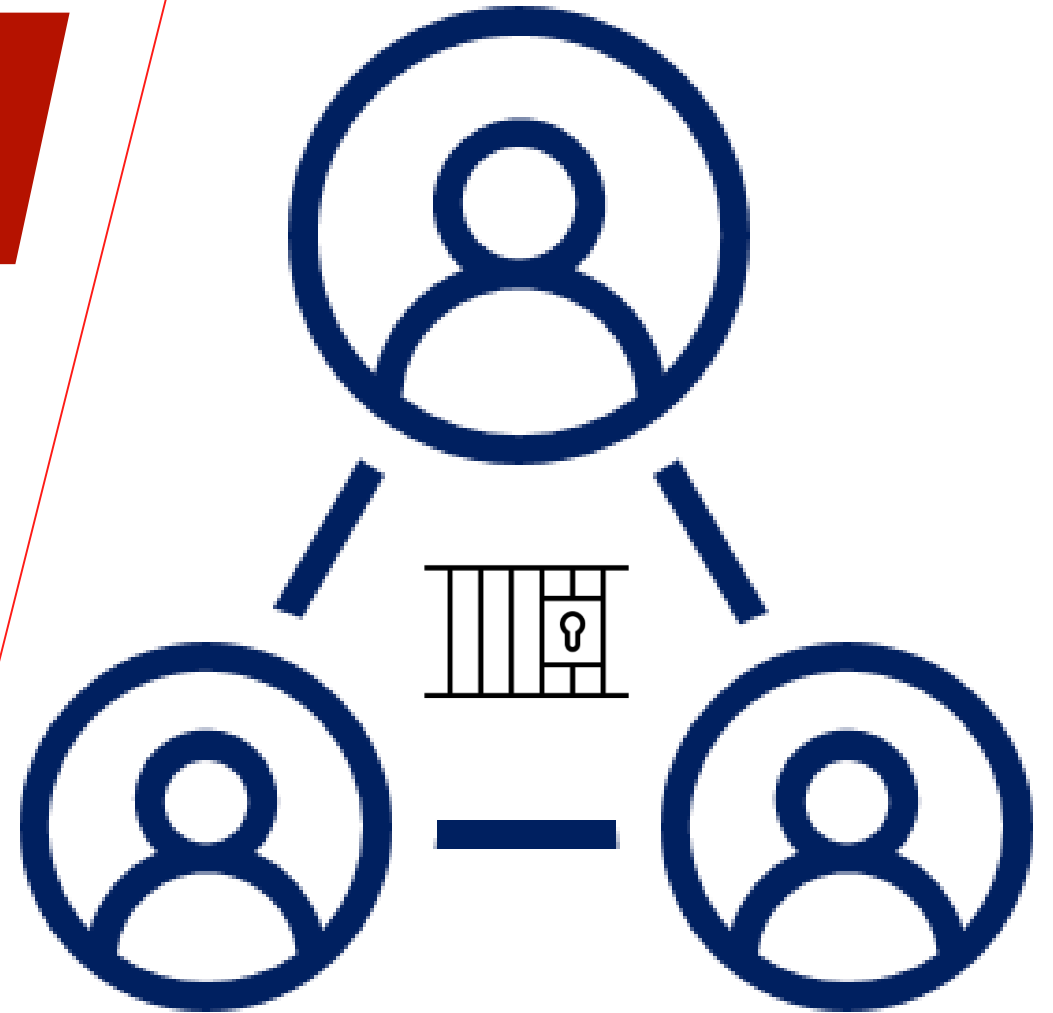
## NUMBER OF SERVICES FY 23



85,210

# JAIL CONTINUITY OF CARE (COC)

- PROVIDE COC SERVICES TO JUSTICE-INVOLVED INDIVIDUALS IDENTIFIED WITH A SERIOUS MENTAL ILLNESS WHO WILL BE TRANSITIONING DIRECTLY FROM JAIL TO THE COMMUNITY TO IMPROVE QUALITY OF LIFE, SUPPORT PHYSICAL AND MENTAL HEALTH STABILIZATION, AND REDUCE RECIDIVISM;
- COORDINATE THE PROVISION OF TREATMENT, CARE, OR SERVICES BETWEEN THE VARIOUS AGENCIES AND PROVIDERS THAT DELIVER TREATMENT, CARE, OR SERVICES; AND
- SUPPORT THE UTILIZATION OF EVIDENCE-BASED PRACTICES RELATED TO THE PROVISION OF SERVICES AND SUPPORT TO JUSTICE-INVOLVED PEOPLE WITH SERIOUS MENTAL ILLNESS.



# DIVERSION CENTER

- ASSESSMENT
- INTEGRATED TREATMENT AND CARE PLANS TO ASSIST IN AN INDIVIDUAL'S STABILIZATION AND ENGAGEMENT IN CARE.
- MEDICATION MANAGEMENT
- ON SITE PRIMARY CARE
- ON SITE PSYCHIATRIC CARE
- PSYCHOSOCIAL PROGRAMMING
- SUBSTANCE USE DISORDER INTERVENTIONS
- REHABILITATION SERVICES
- RESPITE BEDS
- PEER SUPPORT
- EXTENSIVE DISCHARGE PLANNING TO COORDINATE ACCESS TO HOUSING, SOCIAL SERVICES AND TREATMENT POST DISCHARGE, UTILIZING CASE MANAGERS AND PEER SUPPORT



# INTELLECTUAL & DEVELOPMENTAL DISABILITIES

- Intellectual Disability; Developmental Disability; Related Conditions
- Key features – adaptive deficits, need for supports, permanent disability
- Individuals ages 3 through end of life; need supports ongoing
- 900 persons per year in Nueces County; majority Corpus Christi
- Generally Medicaid funded but can also be state funded safety net services.
- No matter the program, the person receives diagnostic testing & Service Coordination/Case Management

# MEDICAID WAIVERS FOR IDD

- Services similar to institution, but in the community
- Residential options; Therapies; Other support services & licensed services
- Over 120,000 persons; almost 17 year wait
- Call us asap to be placed on the IL; 361-886-4663 – don't wait until needed
- We can link to other services and supports in the interim



# OTHER IDD SERVICES

- If has Medicaid & MCO can possibly receive Community-First-Choice (CFC)
- If does not have Medicaid or does not qualify for CFC then potentially eligible
- IDD Crisis Intervention Services – assistance for individuals with IDD to de-escalate behavioral or mental health crises
- IDD Crisis Respite – in home supports or temporary out of home placement
- Continuity – assistance with placements into institutions
- Disability Employment – goal is competitive integrated employment

## FOR MORE INFORMATION

- Call IDD Services at 361-886- 4663 and ask for the Intake Coordinator
- Go online to [ncmhid.org](https://ncmhid.org)
- Email: [IDD-Intake@ncmhid.org](mailto:IDD-Intake@ncmhid.org)
- If in Crisis call – Crisis Hotline – 888-767-4493