



AGENDA MEMORANDUM

Action Item for the City Council Meeting of April 26, 2022

DATE: April 15, 2022

TO: Peter Zaroni, City Manager

THRU: Andrea Gardner, Assistant City Manager
andreaga@cctexas.com
(361) 826-3506

FROM: Tracey K. Cantu, Interim Director Neighborhood Services Department
traceyc@cctexas.com
(361) 826-3021

Motion Approving a Service Agreement with the Nueces Center for Mental Health and Intellectual Disabilities for \$64,000

CAPTION:

Motion authorizing a service agreement with Nueces Center for Mental Health and Intellectual Disabilities in the amount of \$64,000.00 to provide comprehensive psychiatric evaluations and medication management.

SUMMARY:

The Motion approves a \$64,000 service agreement with the Nueces Center for Mental Health and Intellectual Disabilities (MHID) psychiatric and medication programs. The funds will help MHID provide services when a psychiatric evaluation is indicated for the purpose of establishing an initial diagnosis and the in-depth management of medication.

BACKGROUND AND FINDINGS:

On September 7, 2021, City Council approved \$64,000 in the Fiscal Year 2021-2022 Operating Budget for a service agreement with MHID. MHID is the local mental health and developmental and disabilities authority for Nueces County. The organization is a quasi-governmental agency.

The City has provided funds to MHID for over 10 years. Funds have been used to match grants received by MHID to aid homeless persons and crime victims, support Community Health Workers and provide skills training.

This service agreement will provide funds for comprehensive psychiatric evaluations and medication management by one doctor. The City is contributing \$64,000 to the \$291,000 cost of the services. It is estimated that 600 services will be provided by this doctor.

As people enter MHID's services a psychiatric evaluation is indicated for the purpose of establishing the initial diagnosis for the client with a history of suspected or previously diagnosed mental illness. This assessment will be performed at least once every 12 months, regardless of the number of times a client has been readmitted.

The evaluation must include assessment of the client's history, mental status, and disposition in relation to a specific presenting problem or referral question. The examination may include communication with family or other sources, ordering and medical interpretation of lab results, tests and other medical diagnostic studies as appropriate.

The primary purpose of the assessment is to formulate a comprehensive plan, including medication, for the individual. The evaluation includes a discussion with the individual and/or his/her legally authorized representative for the purpose of making a diagnosis and recommending treatment. Medication education that includes the risks, benefits and side effects of each recommended medication must be explained and written consent must be obtained for each medication from the individual or legally authorized representative. The assessment includes documentation of all findings in a manner consistent with the standards of MHID and the Joint Commission (TJC).

Medication management is also provided and focuses on the use of medication and the in-depth management of psychopharmacological agents to treat a client's signs and symptoms of mental illness.

ALTERNATIVES:

The alternative is to not provide the funding to MHID.

FISCAL IMPACT:

City Council approved \$64,000 for the program as part of the Fiscal Year 2021-2022 Operating Budget.

Funding Detail:

Fund: 1020
Organization/Activity: 12720
Mission Element: 102
Project # (CIP Only): NA
Account: 530000

RECOMMENDATION:

City staff recommends approval of the agreement with MHID.

LIST OF SUPPORTING DOCUMENTS:

Service Agreement
Scope of Work
Insurance Requirements