





Corpus Christi-Nueces County Public Health District Mobile Clinic and Influenza Update





December 6, 2022
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Director of Public Health











Starting in January 2023

- No Cost Public Health Services
 - Twice a month in rural areas (Mobile Clinic)
 - Twice a week in Robstown Tx (Calderon Building)

Upcoming Mobile Clinics

Monday, December 12, 11:30 AM-3:00 PM Bishop Community Center, 102 West Joyce Street

Thursday, December 15, 10:00 AM- 2:00 PM
Port Aransas Community Center, 408 North Alister Street

Services to be Provided:

- · Hemoglobin, HbA1c's
- Blood Pressure & BMI
- Diabetes Education
- Immunizations
 - o Flu & COVID 19
 - School-Aged children's vaccines

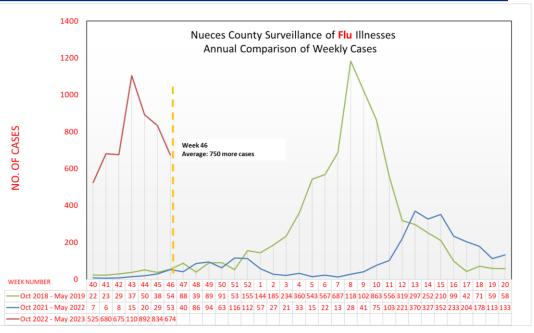






Flu can cause mild to severe illness: Symptoms Include:

- Fever* or feeling feverish/chills
- Cough Runny nose
- Sore throat
- Muscle or body aches
- Headaches
- Fatigue (tiredness)

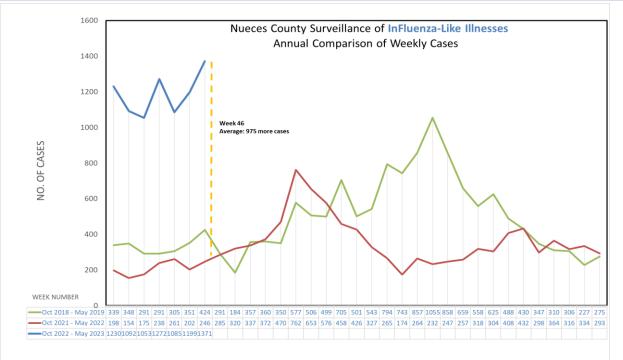


High Risk: 65 years and older, young children, and people with a compromised immune system















- •Reports show the bulk of the cases in pediatrics averaging 80% of the current active cases.
- •Two common types of Flu: A & B
 - •Flu A will typically carry stronger symptoms
- •Hospitalizations are currently within reported limits
- •We recommend everyone 6 months and older in the United States should get an influenza (flu) vaccine every season











Frequently Asked Questions:

Question: I already got the flu, so I don't need the vaccine?

Response: We recommend the vaccine even if you already got the flu. The Flu vaccine contains more strains, so it provides a more robust protection.

Question: What to do if I am sick?

Response: Make sure you are staying away from other people who aren't sick. Wear a mask and wash your hands periodically. Follow all prevention methods we have been practicing with COVID-19.

Question: Where do I get vaccinated?

Response: Most pharmacies will have the flu vaccine on a walk-up basis. Talk to your doctor as well, most doctors' offices will carry the vaccine. Additionally, this is a preventive tool so most insurances will cover the cost and will be no out of pocket.

Question: Does the vaccine give you flu?

Response: No, the vaccine protects you from getting the Flu. We do still have vaccine break through cases, but they are typically short lived, or people will have mild symptoms.







Questions?